



## How to Raise \$500 in 7 Days!

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#1 Sponsor yourself first	\$25.00
#2 Ask 4 family members to sponsor you for \$25 each	\$100.00
#3 Ask 5 co-workers to contribute \$15 each	\$75.00
#4 Ask 5 friends to contribute \$20 each	100.00
#5 Ask 5 neighbors to sponsor you for \$15	\$75.00
#6 Ask your boss for a company contribution of \$50	\$50.00
#7 Ask 3 businesses you frequent for a donation of \$25 each	\$75.00

AND YOU'VE DONE IT!

[NAMIWalks.org/UpstateSouthCarolina](http://NAMIWalks.org/UpstateSouthCarolina)