



## How to Raise \$500 in 7 Days!

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| #1 Sponsor yourself first                                    | \$25.00  |
| #2 Ask 4 family members to sponsor you for \$25 each         | \$100.00 |
| #3 Ask 5 co-workers to contribute \$15 each                  | \$75.00  |
| #4 Ask 5 friends to contribute \$20 each                     | 100.00   |
| #5 Ask 5 neighbors to sponsor you for \$15                   | \$75.00  |
| #6 Ask your boss for a company contribution of \$50          | \$50.00  |
| #7 Ask 3 businesses you frequent for a donation of \$25 each | \$75.00  |

AND YOU'VE DONE IT!  
[NAMIWalks.org/UpstateSouthCarolina](http://NAMIWalks.org/UpstateSouthCarolina)